



Higher qualifications & skills

# MYOFASCIAL RELEASE THERAPY DIPLOMA

ATMS Myofascial Release Accreditation

Pre-requisite	Venue	Dates	Time
Myofascial Part 1	Charmhaven	4 x Sat/Suns: 29,30/10, 19,20/11, 10,11/12, 28,29/1 + 4 Supervised Clinics (optional dates)	9am-5pm (9-9.30am - self care)



This course aims to build upon the palpatory techniques previously learnt in the myofascial release course to enable you to identify and release fixations caused by structural misalignment.

Myofascial Release Part II will incorporate positional release and advanced muscle energy techniques to actively resolve the functional structural problems. You will learn techniques for correction of cervical, thoracic and lumbar vertebrae and techniques to correct sacral and pelvic misalignments, addressing dysfunctions such as vertebral rotations, facet joint restrictions, inflare & outflare of the hips, upslip/downslip and sacral rotation.



**ACCREDITATION:** Graduates of Diploma of Remedial Massage (HLT50302/07) who have completed Myofascial 1 component will be eligible for SIBT Myofascial Release Therapy Diploma. The SIBT Myofascial Diploma is accredited at a stand-alone modality with ATMS.

COURSE	OPTION 1 Inclusive Fee	OPTION 2 Early Bird	OPTIONS 3: Pay as you go by Direct Debit
<b>MYOFASCIAL RELEASE</b>	\$1920	\$1820	Dep \$500 then \$408 each month for 4 months
-Fees include clinics, manual, folder -Direct Debit incurs a \$25 est fee plus 15% Interest - Credit Card payments will incur a 2% fee on total amount. -Early Bird payment must be received 28 working days prior to commencement -Check course dates prior to commencement. -Courses can only proceed when adequate enrolments received on time. A pre-course screening form must be completed.			

School of Integrated Body Therapy

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