

NATURAL HEALING SUPPORT KIT **Special \$49.99**

From time to time we or our loved ones experience bumps, bruises, scratches, infections, fungi, headaches, chaffing, insect bites, minor shock, swelling, inflammation, pain and many more common situations that affect everybody sometimes if you have children, on a very regular basis. Our natural healing support kit has been created so that you have natural first aid products on hand at home and when you travel for these incidences. These products are 100% natural and all Australian as well. The difference between pharmaceutical applications and our natural remedies is that the natural remedies assist and promote the healing process quickly with no side effects.

(Visit our LakeSpa Wellness Shop www.lakespa.com.au)

Paw Paw Ointment + Calendula / Petrochemical Free All Australian product

- * Nappy Rash
- * Sun burnt / Dry lips
- * Insect Bites
- * Skin irritations
- * Cuts / abrasions / sores
- * Chaffing

For centuries the fruit of the Paw Paw Tree has been proven to have many beneficial health and healing properties useful for many skin irritation conditions. This ointment can be used to moisturise dry, chapped or sun burnt lips, soothe cracked nipples, relieve nappy rash, care for dry cracked irritated skin, cuts, abrasions, insect bites & chaffing

Lavender Oil Spray / All Australian Product

- * Natural Antiseptic
- * Minor Cuts / Scratches
- * Insomnia / Anxiety
- * Calming / Relaxing
- * Insect Bites
- * Cleans / refreshers
- * Kills germs
- * Add to bath to relax

Combining all the uses of Lavender Oil in a convenient spray. For sleep, anxiety or insomnia spray room and or pillow 10 mins before bed to calm, soothe or promote sleep. Spray onto fingers and massage into temples to increase relaxation. Add small amount to hot bath also will aid in relaxation. Antiseptic for cuts and scratches. Spray directly on insect bites. Disinfect, clean and freshen draws, wardrobe, bathrooms and hard surfaces.

PTO for more of natures remedies.....

Eucalyptus Oil Spray / All Australian Product

- * **Colds / Flu/Congestion**
- * **Asthma /Allergies**
- * **Inhalation to decrease respiratory system congestion**
- * **Pre wash/stain remover**
- * **Muscular aches / pains**
- * **Kills germs/bacteria**
- * **Pet areas**

Eucalyptus's oil has been used in Aboriginal medicines to heal wounds and fungal infections. This volatile oil distilled from the fresh leaves and branch tops of the plant. Today commonly used in remedies to treat coughs, colds, flu, asthmas & allergies and loosens respiratory mucus. Also used for cleaning, stains, carpets and in pets areas.

Tea Tree Oil Spray / All Australian product

- * **Antifungal/Tinea**
- * **Dandruff/Head Lice**
- * **Acne/Pimples**
- * **Deodorizer/shoe hygiene**
- * **Insect Bites/stings**
- * **Rashes**
- * **Minor Burns**
- * **Ticks on dogs**

Tea Tree Oil is an essential oil obtained by steam distillation of the freshly harvested foliage tea tree. Tea tree oil has a long history of use as an antiseptic, antifungal & disinfectant. Aboriginals used tea tree leaves to wrap wounds to promote faster healing. The oil was even included in the kits of World War 11 soldiers fighting in the tropics. Its here it is earned its nickname "First Aid in a bottle".

Tea Tree can be used to treat foot odor, tinea & fungal infections, acne & Pimple, insect bites & stings, dandruff / Head Lice, minor cuts & abrasions, minor burns including sunburn, rashes and even ticks on dogs, splinters, insect repellent and cleaning. Also, effective in treating insect bites, itching and ticks in dogs.

Arnica Herbal Cream / All Australian Product

- * **Bruising**
- * **Rheumatic Pain**
- * **Shock/Trauma**
- * **Injuries of any kind**
- * **Muscular Sprains and strains**
- * **Reduces swelling/inflammation**

Is often the first remedy used for injuries such as sprains & bruises? Arnica has been used since the 1500's for a wide range of conditions including bruises, sprains, wound healing, superficial phlebitis, rheumatic pain, insect bites, blisters, acne, skin trauma's and swelling due to fractures, inflammation. Arnica works best when applied to a traumatized muscular area as soon as possible. Maximum healing affect can be achieved by applying to area and wrap with glad wrap over night. Highly affective promotes healing.

PTO for more of natures remedies.....

LakeSpa Wellness Centres

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