

Recommended Reading - Certificate IV/Diploma

Text	Author
Anatomy & Physiology/Pathophysiology	
Anatomy Colouring In Book	Wynn Kapit & Lawrence Elson
Principles of Anatomy & Physiology	Tortora & Derrick
A Massage Therapist's Guide to Pathology	Werner & Benjamin
Mosby's Pathology for Massage Therapists	Susan Salvo
Pathology A to Z - Handbook for Massage Therapists	Dr Kalyani Prenkumar
Disease Handbook for Massage Therapist	Ruth Werner
Anatomy & Physiology - The Massage Connection	Dr Kalyani Prenkumar
Know the Body	Jo Muscolino
The Muscular Skeletal Manual	Jo Muscolino
Massage Therapy	
Foundations of Massage	Casanelia & Stelfox
Massage Therapy Principles and Practice	Susan Salvo
Mosby's Fundamentals of Therapeutic Massage	Sandy Fritz
Essential Sciences for Therapeutic Massage	Sandy Fritz
Law, Ethics / Safe Practices / Small Business Planning	
The Business of Healing (3 rd Edition)	Robert Medhurst
Law and Ethics in Complementary Medicine (4 th Edition)	Michael Weir
Body Mechanics for Manual Therapists (Self Care)	Barbara Frye
Save your Hands (Injury prevention for manual therapists)	Lauriann Greene & Richard Goggins
Massage Therapy Career Guide Hands-on Success	Steve Capellini
Reflexology	
The Reflexology Handbook	Laura Norman
Clinical Reflexology	Denise Tiran
Remedial Massage	
Postural Correction (Illustrated Guide)	Jane Johnson
Muscle Energy Techniques	Leon Chaitow
Anatomy Trains	Thomas W Meyers
Orthopedic Massage	Whitney Lowe
Orthopedic Assessment	Whitney Lowe
Mosby's Massage Therapy Review	Sandy Fritz
Basic Clinical Massage Therapy	James Clay & David Pounds
Pregnancy Massage	
Prenatal Massage	Elaine Stillerman
Pre and Perenatal Massage Therapy	Carole Osborne
Lymphatic Massage	
Lymph Drainage Massage	Ramona Moody French
Foundations of Manual Lymph Drainage	Michael Foldi & Roman Strossenreuther
Introduction to Lymph Drainage Massage	Ramona Moody French
Myofascial Release Therapy / Trigger Point Therapy	
Myofascial Pain and Dysfunction (Vols 1&2)	Janet Travell & David Simons
Trigger Point Therapy for Myofascial Pain	Donna Finando & Steven Finando
Trigger Point Therapy Workbook	Clair Davies & Amber Davies
Sports Massage	
The Complete Guide to Sports Massage	Tim Paine
Sports and Remedial Massage Therapy	Mel Cash
Facilitated Stretching	Jeff Charland